

VISTA GRANDE VILLA

Assisted Living Levels of Care Guide for Professionals



Although all assisted living communities offer some level of care services, the differences beyond the basics can differ greatly. This guide outlines the customized levels of care offered at Vista Grande Villa to help residents maximize their independence.

Types of Care Available

Assistance with the activities of daily living include: dressing, bathing, hygiene and grooming, housekeeping, laundry, mealtime assistance, socialization, medication management and more.

Determination of Care Levels

We use a point system to classify personal care requirements and depth of care. Our points ranges correspond with up to four levels of care at Vista Grande Villa.

- **Level I:** 0 to 10 points
- **Level II:** 11 to 20 points
- **Level III:** 21 to 30 points
- **Level IV:** 31+ points

Level I Care Examples. If one resident manages all her own personal care but needs assistance with medications, her needs assessment totals 3 points. Another resident needs assistance daily with anti-embolism hose, plus help showering, but manages his own medications for an assessment of 7 points.

Levels II, III and IV Care Classifications.

Higher levels of care are indicated when residents require more assistance from resident care aides or additional help with medications. For example, administration of eye drops daily or nitroglycerin patches may increase the level of care by 5 points; oxygen administration can also increase the care level.

For care needs that exceed our points range for Level IV, we would be glad to discuss qualified options in our community.

Care Needs Assessment Protocols

Resident care levels are determined with an initial nursing assessment performed by the Director of Trellis Gardens Nursing Services and are formally reassessed every three months. Quarterly care conferences are scheduled with the resident and family to discuss any needed changes to the level of care—or anytime a resident or family requests a reassessment.

In addition to the formal assessment periods, residents are observed during meals and throughout the day to monitor for any changes. Resident care aides are monitored to observe interactions between residents and staff. And occasional visits to resident apartments are made to look for ways to improve on care.

Benefits Included With All Levels of Care

- Health care monitoring and personal assistance
- 24-hour staffing and security
- Social and recreational activities
- Bi-weekly housekeeping/deep cleaning
- Weekly laundry and flat linen service
- Cable TV

**For questions and more information, contact our
Director of Trellis Gardens Nursing Services at 517-783-9040.**



VISTA GRANDE VILLA
— ASSISTED LIVING —

2801 Carriage Lane | Jackson, MI 49202 | 517-783-9040 | 800-889-8499 | VistaGrandeVilla.com