


May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		 <p>VISTA Grande VILLA A Life Plan Community</p>	1 10am Morning Stretches 11am Baking 1pm Let's Get Together and Laugh	2 10am Morning Stretches 11pm Bowling 1pm Weather from around the world.	3 1am Morning Stretches 11am Baking 1pm Pool Noodle Hockey	4 9am Morning Stretches 10am Baking 7pm Lawrence Welk Channel 13 PBS
5 9am Morning Stretches 10am Baking 2pm Manicures	6 10am Morning Stretches 11am Baking 1pm The Music Box	7 10am Morning Stretches 11am Sing A Long 1pm This was today	8 10am Morning Stretches 11am Baking 1pm Classical Musicals	9 10am Morning Stretches 11am Music Therapy 1pm Miss Manners	10 9am Morning Stretches 10am Baking 1pm Music	11 9am Morning Stretches 10am Baking 7pm Lawrence Welk Channel 13 PBS
12 9am morning stretches 10am Baking 2pm Manicures	13 10am Morning Stretches 11am Baking 1pm Parachute fun	14 10am Morning Stretches 11am Memory Ball 1pm Movie	15 10am Morning Stretches 11am Baking 1pm Walking Club	16 10am Morning Stretches 11am MC Social 1pm Sit and Chat	17 10am Morning Stretches 1am Baking 1pm TV Zoo Trip	18 9am Morning Stretches 10am Baking 7pm Lawrence Welk Channel 13 PBS
19 9am Morning Stretches 10am Baking 2pm Manicures	20 10am morning stretches 11am Baking 1pm Sentimental Reflection	21 10am Morning Stretches 11am Book Read 1pm Sing A Long	22 10am Morning Stretches 11am Baking 1pm Painting	23 10am Morning Stretches 11am Gardening. 12pm Memory care Luncheon 1pm Balloon Ball	24 10am Morning Stretches 10am Baking 1pm Book Read	25 9am Morning Stretches 10am Baking 1pm Social 2pm Movie and Snacks
26 9am Morning Stretches 10am Baking 2pm Manicures	27 910am Morning Stretches 1am Baking 1pm Book Read	28 10am Morning Stretches 11am Baking 1pm Movie and Snacks	29 10am Morning Stretches 11am Paint Bird Feeders 1pm Music Therapy	30 10am Morning Stretches 11am Pet therapy 1pm Balloon Ball	31 10am Morning Stretches 11am Lets Chat 1pm Hand Massage and Classical Music	

Activities Are Subject To Change Based On The Needs Of The MC Residents.