



March 23, 2020

To Our Residents, Family Members, and Friends:

At approximately 11:00am this morning, Governor Whitmer ordered shelter in place for the state of Michigan; asking all residents to “stay home, stay safe, & save lives,” effective at 12:01am, March 24th, 2020, and will last through, April 13th, 2020. This order directs Michigan residents to stay in their homes unless they’re a part of what the governor is calling “critical infrastructure workforces,” which include, but is not limited to, health care workers, law enforcement, first responders, and transportation workers.

What does this mean for Vista Grande Villa?

Staff:

We are thankful and blessed to be able to say that Vista Grande Villa is considered critical, and the majority of our staff will continue to be on campus. You may notice that those that have the ability to work remotely, have been instructed to do so as much as possible. We must continue to provide all essential services at Vista Grande Villa, while balancing the need to limit the number of staff on campus in order to slow the spread of COVID-19 in Michigan and throughout the United States. We are taking this very seriously, and will continue to do so.

Residents:

1. All Vista Grande Villa residents are required to stay on campus unless obtaining supplies (food, medication) or attending an essential medical appointment. As a reminder, we will do your shopping for you—no charge!
2. All public and private gatherings of any number of people occurring among persons not part of a single household are prohibited. I.e. no card games and movie nights at the neighbors.
3. All individuals who leave their home or place of residence must adhere to social distancing measures recommended by the CDC, including remaining at least six feet from people from outside the individual’s household to the extent feasible under the circumstances.

We know this is difficult, we are all feeling it. Our staff will be doing their best to provide ways to keep you entertained and connected with your family and friends. If you would like assistance calling or video-chatting, please contact Marketing @ 517-787-0222, ext. 256.

Updates:

Effective March 22, 2020, Governor Whitmer signed an Executive Order to impose “temporary restrictions on the use of places of public accommodation,” which impacts our Salon on campus. The Salon will remain closed through April 13, 2020.

Concierge Services:

We have seen an uptick in the number of residents using us to pick up their groceries, medications, and perform essential community tasks—THANK YOU! In order to decrease the risk to our staff, we will be running errands on Mondays, Wednesdays, and Fridays effective immediately. Schedule a day or two ahead and let us help you! Wondering if we offer a service? **Just ask!** Call the Front Office (517-787-0222) to place your order or make a request.

There is no doubt that this virus is impacting seniors at a high rate, and our goal is to keep you inside the Vista community as much as possible in the coming weeks. We encourage you to get fresh air outside and take a short walk, but *please* let us run your errands. There is no need to increase your risk or the risk of those around you.

Transportation:

This is not a change, but a reminder. We will only be providing transportation for essential medical appointments. We will be contacting medical offices for verification of need prior to approval.

In-Home Cleaning:

We will be transitioning additional housekeeping staff to be used in common areas. This will impact your in-home cleaning schedule, which will be temporarily reduced to one time per month. The risk of virus transmission is much greater outside of your home, and in order to ensure we continue to disinfect these areas effectively, we are placing additional resources in these areas. Our staff will continue to be available for on-call cleaning concerns as they arise, please contact the Front Office for assistance if needed.

Maintenance:

In an effort to reduce the number of people in your home, we will be limiting maintenance requests to safety concerns or emergency needs. Please continue to call maintenance if you would like to place a work order, completion will be determined on a case by case basis.

Continued Visitor/Vendor Restrictions:

Outside parties are not allowed inside Vista Grande Villa unless required by the State of Michigan or in an end-of-life situation. In either of these scenarios, personal protective equipment is required. We appreciate your patience with this as we are working very hard to keep everyone safe and healthy.

As a reminder:

Please help prevent the spread of infection by exercising proper hand washing hygiene as well as coughing and sneezing etiquette. We offer hand washing and alcohol-based hand sanitizer stations throughout the building, which you are encouraged to use. Please also avoid shaking hands and hugs with any individual. **If you are experiencing a cough, fever, sore throat, runny nose, and/or shortness of breath, please let a staff member know immediately.**

We will notify you if any residents or staff are diagnosed with COVID-19. Should you have any questions, please feel free to contact us at: **(517) 787-0222.**

We will be doing our best to update our website (**vistagrandevilla.com**) and Facebook page (**Vista Grande Villa**) with information as this situation is ever-changing.

Sincerely,



Chelsea Eisele, RN, BSN, MBA
Executive Director
Vista Grande Villa

The following message was forwarded to me via email, originally written by Bill Gates. It was thought-provoking to me, and therefore I am sharing with you. We are in uncharted waters, and must all care for each other. If there is anything I can do for you, please don't hesitate to reach out. Sending love and blessings for good health to each of you. Ce

Bill Gates:

I'm a strong believer that there is a spiritual purpose behind everything that happens, whether that is what we perceive as being good or being bad.

As I meditate upon this, I want to share with you what I feel the Corona/ Covid-19 virus is really doing to us:

1) It is reminding us that we are all equal, regardless of our culture, religion, occupation, financial situation or how famous we are. This disease treats us all equally, perhaps we should to. If you don't believe me, just ask Tom Hanks.

2) It is reminding us that we are all connected and something that affects one person has an effect on another. It is reminding us that the false borders that we have put up have little value as this virus does not need a passport. It is reminding us, by oppressing us for a short time, of those in this world whose whole life is spent in oppression.

3) It is reminding us of how precious our health is and how we have moved to neglect it through

eating nutrient poor manufactured food and drinking water that is contaminated with chemicals upon chemicals. If we don't look after our health, we will, of course, get sick.

4) It is reminding us of the shortness of life and of what is most important for us to do, which is to help each other, especially those who are old or sick. Our purpose is not to buy toilet roll.

5) It is reminding us of how materialistic our society has become and how, when in times of difficulty, we remember that it's the essentials that we need (food, water, medicine) as opposed to the luxuries that we sometimes unnecessarily give value to.

6) It is reminding us of how important our family and home life is and how much we have neglected this. It is forcing us back into our houses so we can rebuild them into our home and to strengthen our family unit.

7) It is reminding us that our true work is not our job, that is what we do, not what we were created to do. Our true work is to look after each other, to protect each other and to be of benefit to one another.

8) It is reminding us to keep our egos in check. It is reminding us that no matter how great we think we are or how great others think we are, a virus can bring our world to a standstill.

9) It is reminding us that the power of freewill is in our hands. We can choose to cooperate and help each other, to share, to give, to help and to support each other or we can choose to be selfish, to hoard, to look after only our self. Indeed, it is difficulties that bring out our true colors.

10) It is reminding us that we can be patient, or we can panic. We can either understand that this type of situation has happened many times before in history and will pass, or we can panic and see it as the end of the world and, consequently, cause ourselves more harm than good.

11) It is reminding us that this can either be an end or a new beginning. This can be a time of reflection and understanding, where we learn from our mistakes, or it can be the start of a cycle which will continue until we finally learn the lesson we are meant to.

12) It is reminding us that this Earth is sick. It is reminding us that we need to look at the rate of deforestation just as urgently as we look at the speed at which toilet rolls are disappearing off of shelves. We are sick because our home is sick.

13) It is reminding us that after every difficulty, there is always ease. Life is cyclical, and this is just a phase in this great cycle. We do not need to panic; this too shall pass.

14) Whereas many see the Corona/ Covid-19 virus as a great disaster, I prefer to see it as a *great corrector*

It is sent to remind us of the important lessons that we seem to have forgotten and it is up to us if we will learn them or not.